

Report on workshop on 'Art of facing an interview'

Interviews provide us an opportunity to build a personal rapport while having a professional conversation. Depending on the type of industry, interviews are conducted for a variety of purposes. Cracking an interview and getting selected for the job position is considered to be a challenging task. Considering this, IQAC and Dept of Management of RBANM's FGC organised a one day students' workshop on 'Art of facing an interview' on 25/07/2022. All the dignitaries and students were welcomed by Ms. Mahalakshmi KS, faculty of commerce and management.

The workshop was presided by Dr.Prathap principal, Prof Ravindra vice principal and organised by Prof Priya K placement cell co-ordinator. The resource person for the workshop was Ms. Sasha Kulothungan chairperson of Agasty charitable foundation, district co-ordinator for Lions club, International Foundation District 317F.

She spoke on various aspects of the interview process and questions asked normally in the interview. She explained certain important aspects like:

- Building an effective resume.
- Appearance for interview.
- Communication.
- Body Language.
- Prioritisation of goals

She also explained different types of assessment rounds conducted in an interview such as:

- Aptitude Test
- Group Discussion
- Face to Face session
- Panel Interview

She concluded the workshop by motivating everyone to stay calm and positive during the interview process and she also assigned a task to the students to build a resume within the last half an hour. She picked up a few students' resumes and rectified the ones they prepared. Mr. Farooq Siddiqui, faculty of English conveyed the vote of thanks and wended the session.

Seminar on Women's Health and Wellness

The Women's cell of RBANM'S First Grade College had organized a one day Seminar on Women's Health and Wellness on 8.2.2022, Tuesday at the A. V Room. The Resource persons for the day were Ms. Anitha Iyer, an Ambassador from ECO Femme and Ms. Mamtha from Asan Cups. The Programme was inaugurated by Ms. Anna, W/o Mr. Sanjeev Narrain, Secretary of RBANMS Educational Charities, Dr. Veerabadrappa, Administrative officer and Prof. Ravindra Vice Principal of RBANM'S First Grade College.

The Programme was organized exclusively for Girls in the College, where they were given the awareness about their Menstrual health and Hygiene. Students were also given the information about the use of Menstrual cups and Cloth pads to support the Eco- friendly Menstruations. Ms. Anna distributed the kit Containing Asan Menstrual Cup and the Cloth Pad for all the students. Students were keenly interested in using Eco friendly Products.

A total of 78 students benefited from the programme. Ms. Priya, CoOrdinator of Women's Cell, Ms. Mahalakshmi A- Dept. of Political Science, Ms. Mahalakshmi K S, Dept of Commerce and Management were present in the Programme.

The following is the short summary of feedback received from the students:

- The programme was really informative to know about the health of girls.
- The programme erased all the myths related to Menstruations and gave the proper knowledge about personal heath.
- The Eco-Friendly products are really useful, easy to use and proud of their small contribution for protection of the environment.
- The Resource person was so interactive and friendly to comfort the students to openly talk about Personal Health.

Reported by

Mahalakshmi A

Dept of Political Science.

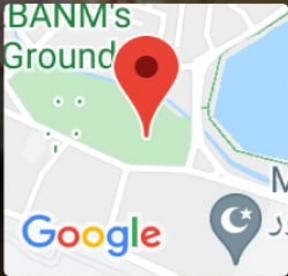
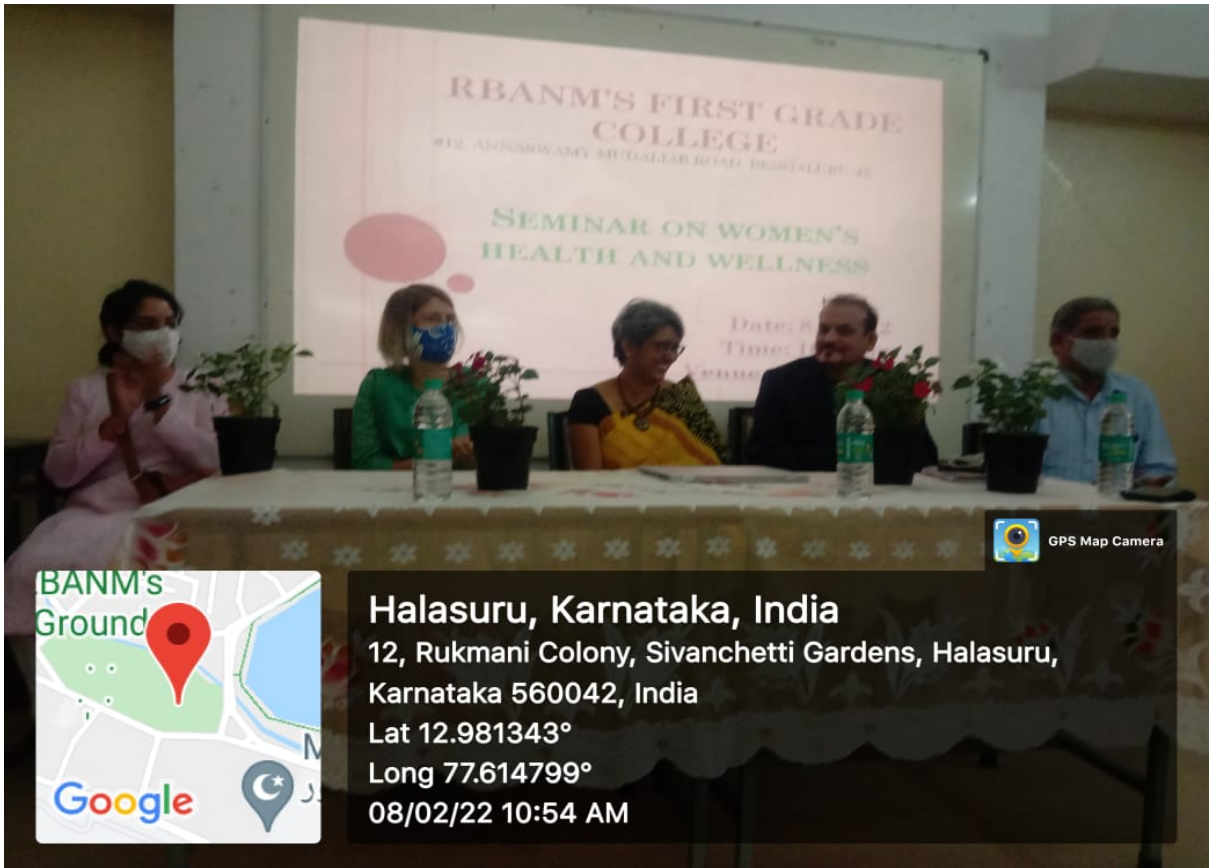
Ms. Priya

Co Ordinator

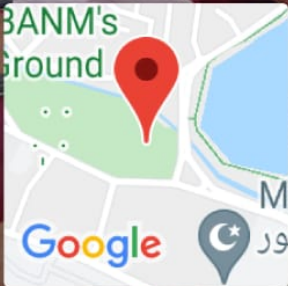
Women's Cell

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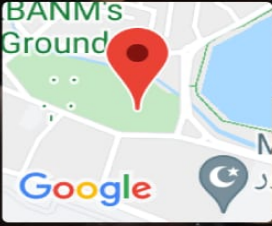
Dr. Prathap



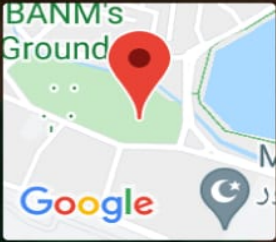
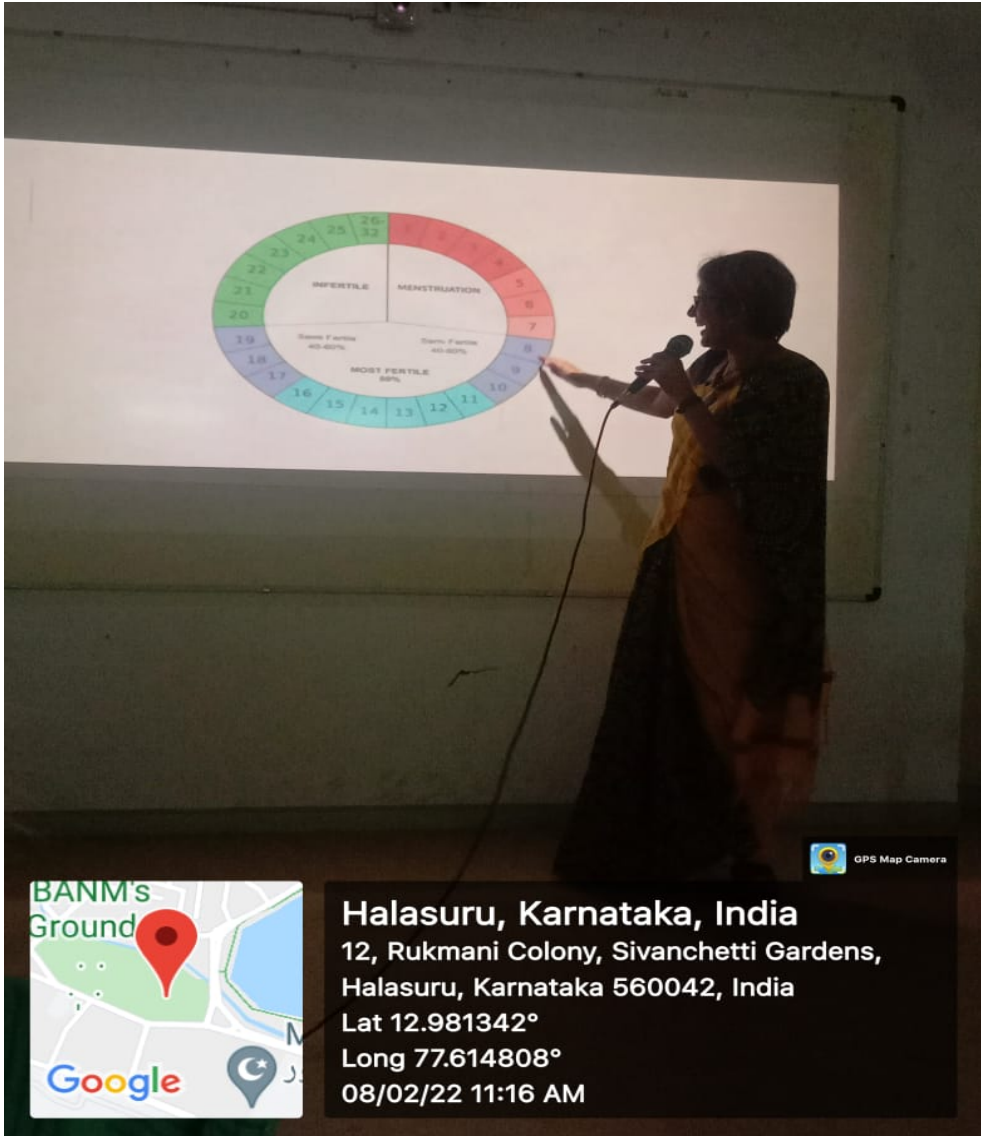
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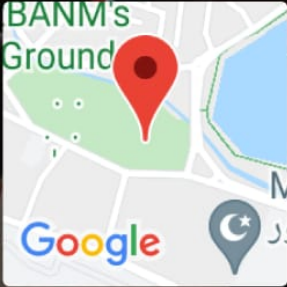
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Director
Alpha Tech Academy

(Signature)

Dr. Prathap
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