

## CAPACITY BUILDING ACTIVITIES

**JEEVIKA SKILLS – NGO awarding spoken English Training certificates to M.com students on 1/7/2022.**



**Career counselling and Job Drive by Hope Foundation was conducted on 7/3/2016**





**CA foundation Training Programme by Mr. Prashanth Awanti, consultant Institutional Alliance was conducted on 5/8/2018**



**Job openings in Aviation and Hospitality Industry by Mrs. Rekha Tangaraj, Fledge Institute of Aviation, Bangalore was conducted on 20/1/2016**



**Seminar on Skill Assessment by Ms. Jyothi Anna Wilson,  
CLAP Institute was conducted on 6/3/2019**





**Field Activity Training Programme on team building by Info@power forward.in was conducted on 29/2/2020**

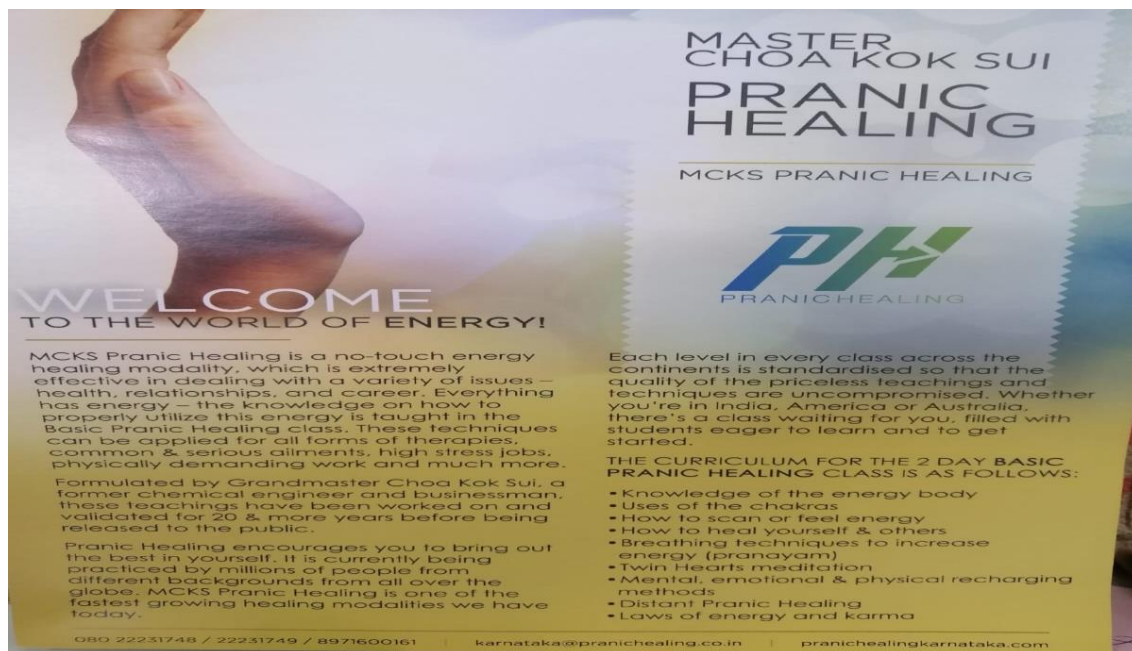


**Workshop on cloud computing by Mr. Inaythulla Co-ordinator, Jetking Computer Institute was conducted on 14/9/2017**





## Orientation Programme on Pranic Healing by Ms. Sushma – Certified Pranic Healer from MCKS Healing Centre



**MASTER CHOA KOK SUI**  
**PRANIC HEALING**  
MCKS PRANIC HEALING

**WELCOME TO THE WORLD OF ENERGY!**

MCKS Pranic Healing is a no-touch energy healing modality, which is extremely effective in dealing with a variety of issues – health, relationships, and career. Everything has energy – the knowledge on how to properly utilize this energy is taught in the Basic Pranic Healing class. These techniques can be applied for all forms of therapies, common & serious ailments, high stress jobs, physically demanding work and much more.

Formulated by Grandmaster Choa Kok Sui, a former chemical engineer and businessman, these teachings have been worked on and validated for 20 & more years before being released to the public.

Pranic Healing encourages you to bring out the best in yourself. It is currently being practiced by millions of people from different backgrounds from all over the globe. MCKS Pranic Healing is one of the fastest growing healing modalities we have today.

Each level in every class across the continents is standardised so that the quality of the priceless teachings and techniques are uncompromised. Whether you're in India, America or Australia, there's a class waiting for you, filled with students eager to learn and to get started.

**THE CURRICULUM FOR THE 2 DAY BASIC PRANIC HEALING CLASS IS AS FOLLOWS:**

- Knowledge of the energy body
- Uses of the chakras
- How to scan or feel energy
- How to heal yourself & others
- Breathing techniques to increase energy (pranayam)
- Twin Hearts meditation
- Mental, emotional & physical recharging methods
- Distant Pranic Healing
- Laws of energy and karma

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## Pranic Healing Session in progress





## Students' active Participation in Pranic Healing session

